



Ministry of Education
SINGAPORE

Here's to a Great Start to Primary School!



Overview

1. What is Primary School about?

2. Smoothing the transition to Primary 1

3. School-Home Partnership

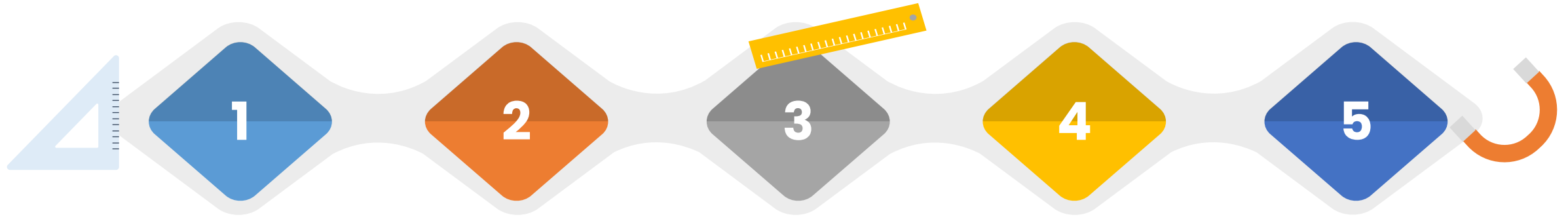


Developments in Primary Education



Schools may access the video via:
<https://youtu.be/9paLbNR2zWg>

What is Primary School about?



Laying a strong foundation

Nurturing well-rounded individuals & passionate lifelong learners

Providing learning opportunities, recognising our children's strengths & developing their potential

Preparing our children for the future

Providing a safe learning environment to support their well-being



Smoothening the transition to Primary 1

When your child enters primary school, their experience will include:



Smoothing the transition to Primary 1

1. Transition is the process in which a child moves into a new environment

2. When moving from pre-school to primary, a child will have to adapt to unfamiliar setting and routines

When your child has transitioned well, he/she will:

- Feel safe and comfortable in the new environment
- Be able to manage daily challenges
- Be able reach out to teachers and/or peers for support when needed

Note for schools: Key areas of transition and tips have been included in slides 10 – 15. For more information that can be included in this section, please refer to the notes section.

How can you prepare your child for Primary 1?

You can start talking to your child about the following:



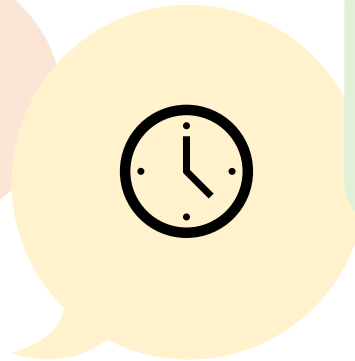
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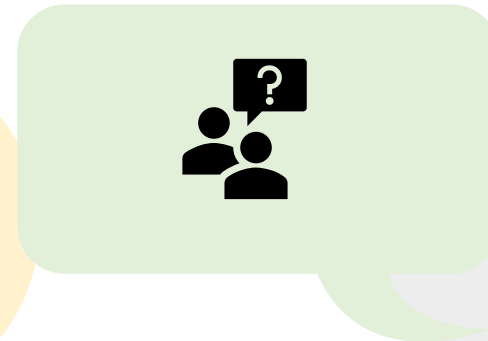
Adjusting to a larger learning environment



Interacting with more peers and teachers



Adapting to longer school hours and new routines



Taking the initiative to ask for help



Becoming more independent and responsible

How else can you support your child?

Support

your child and encourage them to overcome challenges with your care

Affirm

your child by recognising small successes and praising their efforts

Familiarise

your child with new routines gradually and share your experiences in primary school

Empathise

with and acknowledge your child's feelings

Supporting your child's transition through Primary 1

Build a caring home environment to nurture the social and emotional skills of your child using these S.A.F.E. tips.

SUPPORT

- Carve out some time every weekend to play games and have fun together.
- Visit places or take part in events that both of you enjoy.
- Encourage your child to make new friends.
- Try out FTGP* Family Time activities.

AFFIRM

- Encourage your child when he makes observations. E.g. Say "That's interesting!" and ask why he/she said that.
- Recognise small successes. E.g. Say "You've made another new friend in class - well done!"

FAMILIARISE

- Find out what primary schools have in store for students these days.
- Do practical things to ease your child into new routines. E.g. Plan daily routines together; teach your child new habits like packing his/her bag.

EMPATHISE

- Teach your child words that describe feelings.
- Acknowledge your child's emotions. E.g. "It's okay to feel nervous about starting school."
- Understand your child's needs. E.g. Start bedtime early. Children need a lot of sleep.

Spent Time Chatting. Use T.A.D.

Talk
Talk about fond memories of your own school days.
E.g. What you did in Primary One; kind teachers and chatty classmates you had.

Ask
Ask about his/her thoughts and feelings about the school.
E.g. FTGP* activities; what he/she felt happy about.

Discuss
Discuss together what can be done if he/she has worries at school.
E.g. Explain how people deal with conflicts.

QUICK TIPS

- Listen without interrupting.
- Nod your head and ask questions to show interest and affirmation.

*Free Family Time (FTGP) activities are available on the Ministry of Education website.

Ministry of Education Singapore



How else can you support your child?

Primary 1 is an exciting and fun stage for your child.
Help your child to enjoy the journey by developing these skills:



Nurture a love for reading
Sign your child up for a free Library membership and myLibrary ID to enjoy NLB's e-resources!

Relating Well to Others

Build your child's interpersonal skills by:

01

Modelling the use of friendly and polite phrases

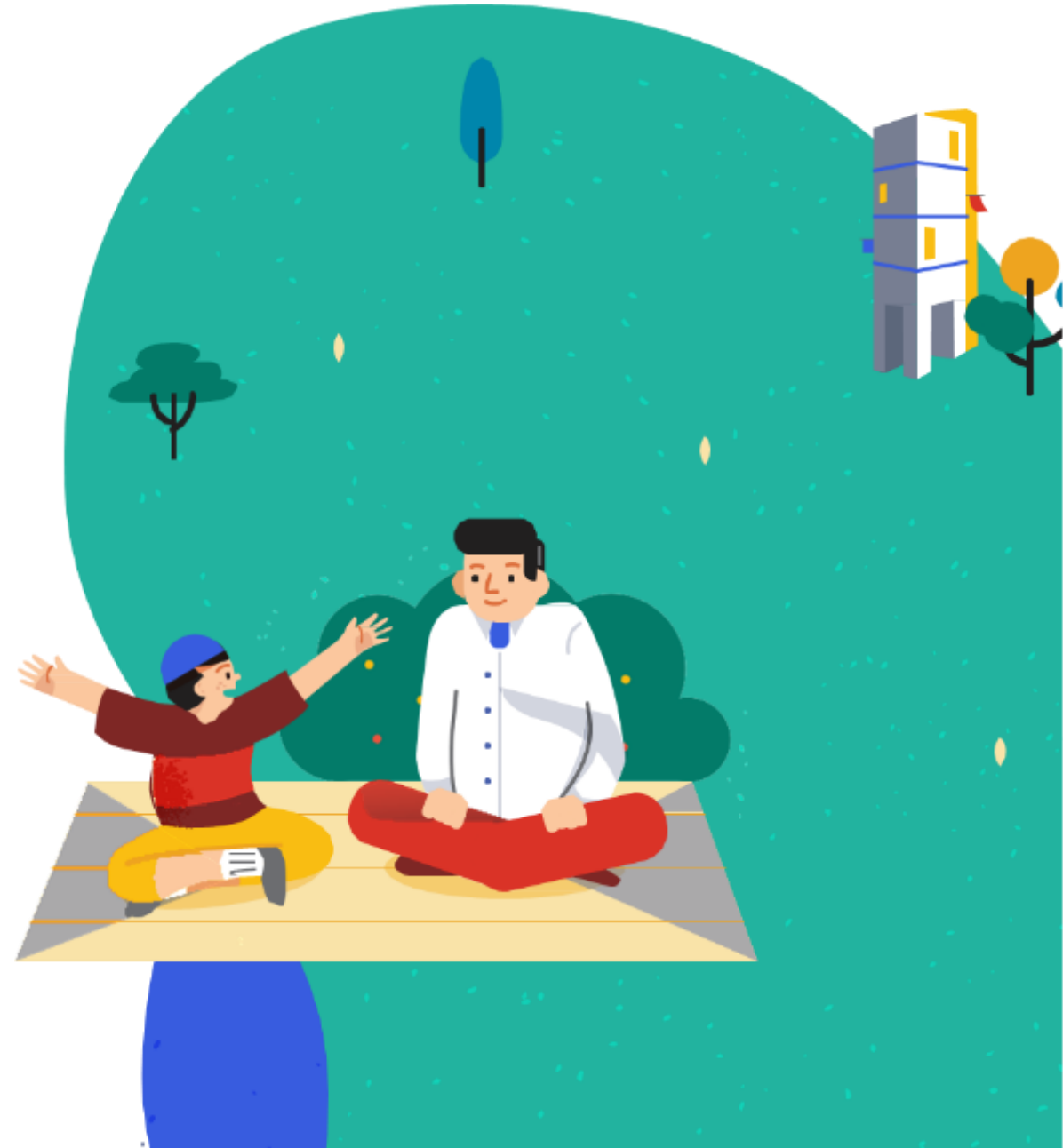
"May I please..."

"Hi! My name is...What is your name?"

"Could you help me with..."

02

Providing opportunities for your child to share and take turns during playtime with other children



Developing Good Habits

Routines help your child build confidence and learn to manage things by themselves.

Take their temperature using a thermometer



Practise consistent pre-bedtime routines and have at least 9 hours of sleep

Wash their hands



Guide your child to do the following independently:



Dress themselves

Pack their bag and check for materials



Buy food at the canteen

Make healthy food choices



Knowing when and how to ask for help



Some questions you may have...



Reading is a habit that we can build.

Interest your child in reading

- It is never too late to start getting your child interested in books
- Take your child to the library, expose them to various picture books and read together for a start
- Students will be introduced to various genres of books, and be taught how to blend letter sounds through games or craft work

You can encourage your child for efforts in learning to read. Most importantly, reading should be a fun learning process.

Some questions you may have..

I'm worried my child won't eat at recess. He'll go hungry!



Remind your child that eating during recess is important as it helps them with the physical energy to continue focusing and learning in class.

Students may enjoy recess so much that they forget to eat. Some students may not be eating because they are shy about ordering food.

Encourage your child to eat during recess

- Let your child practise ordering food and making payment when out with the family
- If they need more time to build their confidence or observe how it is done by other students, you may pack a lunch box in the meantime, so they will always have something to eat
- If you worry that your child is not eating at all, discuss with your child's teacher

Some questions you may have..

My child takes so long to complete her work. Will she fall behind?



Be specific about how much time they should spend on the work, and offer a set time that they should complete the work.

Children pick up time management at a different pace and can improve with help.

Support your child in time management

- Parents can model this with your child at home with small tasks and everyday activities
- If you find your child struggling with completing their tasks or homework within a given time, it could also mean that they are not sure how to go about completing them. Try breaking the task down into smaller steps
- If you notice any learning issues, do reach out to the school early

Nurturing Positive Attitudes

Developing the right learning attitude will help your child learn better. You can encourage your child to:



Ask questions about their experiences and their observations on the world around them



Reflect on learning experiences, learn from mistakes and try ways to do something better



Persevere even when faced with challenges



Some questions you may have...



Practise with your child when and how to ask for help. Remember to affirm them for their efforts.

Asking for help may not seem obvious to a child.

Teach your child how to ask for help:

Step 1: Look for someone who can help

Step 2: Check if that person has the time to help; if not, look for another suitable person

Step 3: Share what the problem is and how they feel

Step 4: Listen carefully to the advice given

Step 5: Thank the person for the help

OTHER SCHOOL MATTERS

SCHOOL RULES

GROOMING

- Students are to wear their **prescribed school uniform and modification to the school uniform is not allowed.**
- Due to safety reasons, please ensure that apart from their watch, your child does not wear any accessories on their wrist/arm.
- All students are required to wear their school uniform on non-PE/CCA days, unless during the heat wave periods.
- Shoes – should be completely white, socks should be the TNPS socks
- For uniform, the first button should be unbuttoned for the boys and girls shirt, unless they are Prefects
- A spot-check will be conducted once a month to check on your child's grooming and students will be provided a checklist for parents to address the concerns.

CARE FOR PERSONAL BELONGINGS

- Students are not encouraged to bring their mobile phones to school.
If your child does bring their mobile phones, he/she will be solely responsible for their own devices and the school is not liable for any loss, theft, or damage to the devices. Students must ensure phone is switched off in school at all times.
- Smart Wrist watches and fitness trackers are also not allowed .
- Students are also not allowed to have in their possession any weapon / weapon-like item which can be used to cause harm to others

SAFETY OF STUDENTS

The Safety of our students are of importance to us.

Security

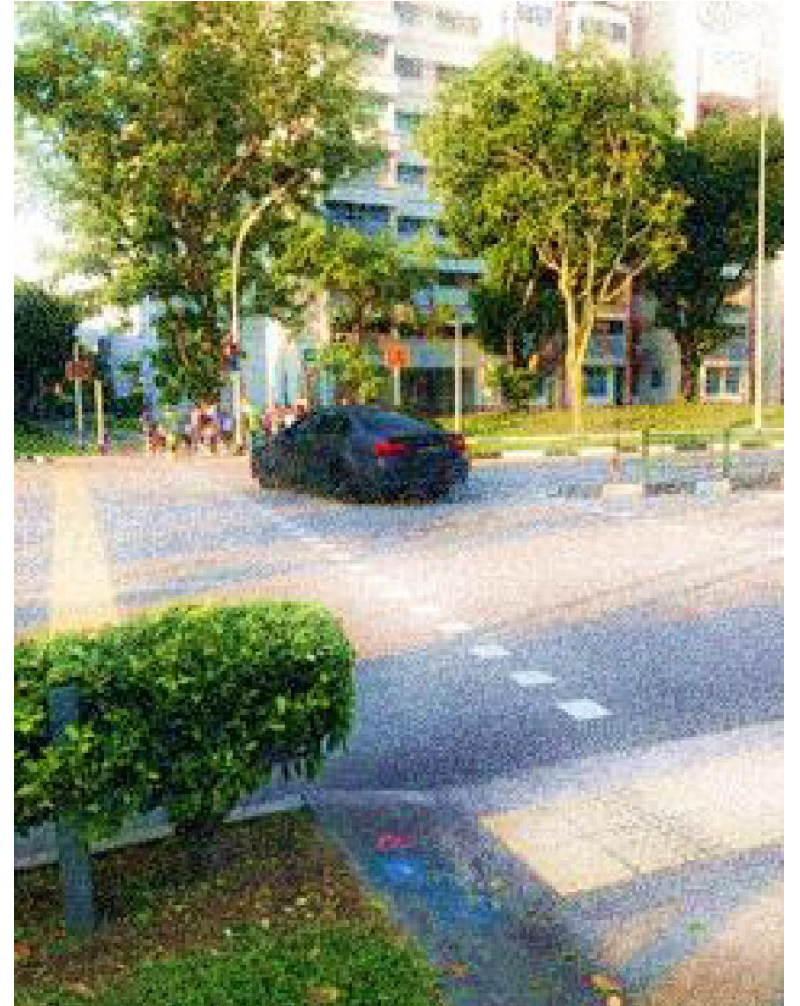
- Parents are encouraged to drop your child at the entrance of the school.
- Parents are required to register at the guard post if you are coming into the school with your child

SAFETY OF STUDENTS

Driving

- Cars are only allowed** into the school premises from **6.30am to 7.30am**
- The school gate will be **closed at 7.30am.**
- Cars will not be allowed into the school premises after 8.00 am,** unless picking up your sick child

- Drivers to follow the traffic rules and to not put the children at risk.
- Drivers are not to park their vehicles along Tampines Avenue 9 after dismissal.
- Use **HDB car park at Block 496F** when picking up your child/ward during school dismissal time.





**WHEN PARENTS AND SCHOOLS WORK HAND IN
HAND, **WE** CREATE A POWERFUL PARTNERSHIP
THAT NURTURES A CHILD'S GROWTH, LEARNING,
AND FUTURE SUCCESS**

